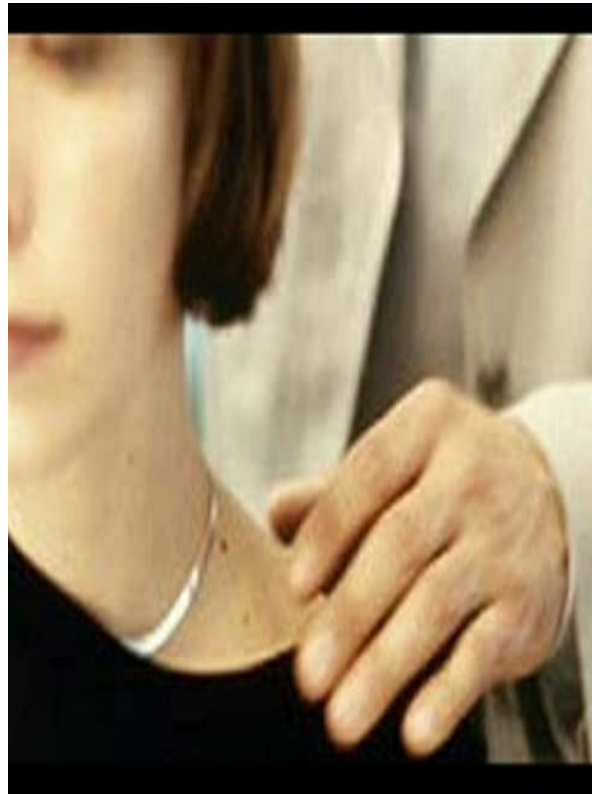


# How Can MassCOSH Help you?

- Come to learn and share with other workers who are having similar experiences like yours in our sexual harassment workshops.
- You will obtain the materials needed to overcome and organize to end workplace violence and sexual harassment.
- Also learn different strategies to overcome fear and how to organize yourself and your co-workers in your workplace.
- Become a member of the organizing network of the MassCOSH Worker Center
- MassCOSH can also connect you with legal resources, victims advocacy centers and support groups.
- The workshops are aimed to help immigrant workers to learn,, exchange experiences and report incidents to make sexual harassment “un-acceptable in our immigrant communities

ENOUGH!



ENOUGH!

## SILENT EPIDEMIC



## SEXUAL HARASSMENT

## Did you know?

***“...I started to feel harassed and thought that will stop, addressed with my supervisor and got fired – I did not know my rights”  
-Maria, hotel worker***

***“ My physical and emotional health was affected by my boss’ abuses until I felt I was an object . Now I can say it is not normal to be harassed..”  
-Roberto, restaurant worker***

***“...I was used to being flirted with and when I got to this country, I thought it was normal, until I found out I was being affected both emotionally and psychologically”  
Rosa, bakery worker***



More than 200,000 women were victims of sexual harassment abuse in 2009. This alarming number let us know that the constant abuse towards woman is increasing every day and most victims do not report it.

### **What is Sexual Harassment at Work?**

Sexual solicitations, uncomfortable flirting, or other unwanted verbal or physical behaviors constitute sexual harassment.

...Sexual harassment could occur to both men and women. In general the victim does not necessarily need to be from the opposite sex.

...If you have been discriminated because of your sexual preference, you have the right under the law to pursue a claim and have a right to be reinstated, promoted and back pay owed and any other damages as stated by the law or depending on the case

## Silent Epidemic...

MassCOSH worker center brings together immigrant workers and community groups to educate, mobilize and organize to put an end to sexual harassment at work and low income communities.



**For more information about what we can do, feel free to come to one of our workshops or call Isabel Lopez or Mirna Montano at  
617-825-7233 ext.18 o ext. 16**