MassCOSH’s Legal and Medical Access Directory

Increasing Workers’ Access to Legal Representation, Medical Treatment, and Justice

Contains critical information regarding your rights, excellent legal representation, and medical care

2016-2017

The Massachusetts Coalition for Occupational Safety & Health
About MassCOSH

For 40 years, the Massachusetts Coalition for Occupational Safety & Health (MassCOSH) has worked to ensure that all workers earn their living and return home alive and well. MassCOSH unites workers, unions, and community groups with environmental and health activists to end dangerous work conditions, to organize for safe, secure jobs, and to advocate for healthy communities. Through training, technical assistance, and building community/labor alliances, MassCOSH mobilizes its members and develops leaders in the movement to end unsafe work conditions.

The 2016-17 MassCOSH Legal and Medical Access Directory is our effort to ensure that all workers have the tools and resources to fight against unjust and unsafe working conditions. The critical funds donated by the legal professionals and physical therapists in this document will be used in the coming year to link low-wage workers with essential legal and medical resources and to advocate for strong worker protections. The work we do would not be possible without the commitment and dedication of these participating donors.

About MassCOSH’s Legal Access Initiative

MassCOSH’s Legal Access Initiative links the state’s low-income and immigrant workers with legal representation and enforcement resources to help them achieve their workplace rights. Through this initiative, workers are able to navigate the legal system to address a host of labor violations such as health and safety, workers’ compensation, wage and hour, and defend against sexual harassment, assault, discrimination, and retaliation.

Since July 1, 2007, when MassCOSH initiated the Legal Access Initiative within its Immigrants’ Worker Center, thousands of workers have benefited from legal assistance to address injuries, physical and sexual assaults, and wage and hour violations. Workers have collectively won millions of dollars in damages, greatly improving their quality of life.

MassCOSH can not endorse individual attorneys, firms or medical providers. However, all participating attorneys in MassCOSH’s Legal Access Initiative have demonstrated a commitment to MassCOSH’s mission and have agreed to the following:

- Respond to a worker inquiry within 48 hours to schedule an intake;
- Provide clients with an agreement to represent, or written notice that s/he is unable to do so, within ten days of receipt of materials needed to evaluate the case;
- Upon accepting the case, or in the initial meeting, provide an orientation about what workers can expect from the legal process;
- Keep workers updated on the progress of the case;
- Provide translation for non-English-speaking clients; and
- Avoid excessive pressure on workers when presenting settlement offers.

MassCOSH would like to thank Cambridge Offset Printing for helping to make this directory possible.
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Kantrovitz and Kantrovitz

The lawyers at Kantrovitz & Kantrovitz LLP have been representing those injured in the workplace, on the roads, and those injured by the negligence of others for over 30 years. Our track record and reputation, along with our ongoing dedication to our clients, allows us to achieve continuing success.

Hablamos Espanol. Falamos Portugues

www.kantrovitzandkantrovitz.com

Practice Areas

Personal Injury | Workers Compensation | Defective Products

Construction Accidents

Office locations

352 Turnpike Road, Suite 310 100 Franklin Street, 3rd Floor 32 William Street
Southborough, MA 01772 Boston, MA 02110 New Bedford, MA 02741
(T) 781-562-3800 (T) 617-426-3050 (T) 508-994-6010

Languages Spoken: Spanish and Portuguese
Sheff Law has a proud 60 year tradition of representing victims of serious injury and death. We are one of New England’s premier law firms in the following areas:

- Wrongful Death Cases
- Workplace Accidents
- Brain and Spinal Cord Injuries
- Construction Site Accidents
- Premises Liability Accidents
- Motor Vehicle Accidents
- Medical Malpractice Cases
- Products Liability Cases
- Railroad Accidents

Nuestros abogados en Sheff Law están aquí para ayudarle a usted y a su familia. Por más de seis décadas hemos asistido a innumerables trabajadores con Casos de Muertes Injustas, Accidentes de Trabajo, lesiones del cerebro, médula espinal y mucho más. Podemos evaluar su caso y ofrecerle el mejor consejo de expertos para lograr justicia. Si usted quiere contar con la mejor representación legal comuníquese con nosotros, tenemos personal que habla español que estará allí para asistirle y ayudarle en todo momento.

**Sheff Law**
Ten Tremont Street
Boston, MA 02108
(617) 227-7000
Shefflaw.com

See our website for additional practice areas, injury types, and a detailed listing of our proven results.
Carney Law Firm’s practice is exclusively dedicated to the representation of those who have been injured at work. The firm represents injured workers at the Department of Industrial Accidents in Worcester, Boston, Lawrence and Fall River. The firm has litigated and negotiated workers’ compensation claims that have resulted in some of the largest settlements in Massachusetts. The firm’s attorneys also represent injured workers in third party negligence claims, including injuries arising out of construction site accidents, motor vehicle accidents, premises liability and dangerous or defective products in the Superior Courts in all counties of Massachusetts. All of our client consultations are free of charge, and for the cases that we accept, we handle them on a contingency fee. For more information about our firm and our attorneys please visit www.carneylaw.com.

185 Devonshire Street, Suite 802 | Boston, MA 02110

Phone: (617) 426-9797

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Partner: David C. Strouss, Esq.
Co-Chair MassCOSH Lawyers Committee

Practice Areas

- Mesothelioma and Other Occupational Disease
- Construction & Workplace Accidents
- Workers’ Compensation

Thornton Law Firm LLP is New England’s largest plaintiff’s law firm specializing in asbestos-related and other occupational disease, accidents and work-related birth defects. David Strouss has 30 years of litigation experience, including representing the Commonwealth in the largest civil settlement in the history of the State against the tobacco industry.

Thornton Law Firm LLP • 100 Summer Street, 30th Floor • Boston, MA • 02110

T: 617-720-1333 • F: 617-720-2445

www.tenlaw.com
Cutler and Associates

Choosing the right attorney can be a difficult and daunting task. Cutler & Associates offers a wealth of experience working with employees and offers unrivaled personal attention while fighting to protect your rights.

100 State Street | Suite 900
Boston, MA 02109
617.542.5000 www.cutler-law.com
Languages Spoken: Spanish, Arabic, and Russian

Law Office of Howard M. Kahalas

Steven I. Bergel, of the Law Office of Howard M. Kahalas, has specialized in personal injury law for over twenty-five years, including motor vehicle accidents, slip and falls, workers’ compensation and social security disability.

6 Beacon Street, Suite 1020
Boston, MA 02108
T: 617 694 8710
www.kahalaslaw.com
Languages Spoken: Spanish, Portuguese

Keches Law Group, P.C.

The Keches Law Group, P.C., has become one of the largest and most well-respected personal injury law firms in Massachusetts for a very good reason: our lawyers fight to protect the rights of injured people who are facing difficult times after an accident or injury, and we have a proven track record of achieving excellent results for our clients. We have earned a reputation for being tough litigators and will not hesitate to take your case to court if that is necessary to get the results you deserve.

122 Dean Street
Taunton, MA 02780
Tel: 508-822-2000
www.kecheslaw.com

The Law Offices of Leonard Y. Nason, P.C.

Mr. Nason has practiced Workers’ Compensation Law for 37 years, representing employees with dignity and respect throughout the state. He has handled “Landmark” cases before the Massachusetts’ Appeals Court, the Supreme Judicial Court, and the Industrial Accident Reviewing Board. He is a “Fellow” in The College of Workers’ Compensation Lawyers, and Board Member, term 2007-2012. He has authored numerous articles, most notably the Treatise on Workers’ Compensation, vols 29 & 29A, M.P.S., (3d Ed., 2003), including supplements through 2011.

The Law Offices of Leonard Y. Nason, P.C.
113 The Great Road · Bedford, MA 01730
ph: (781) 271-9296 · fax: (781) 271-9022
lnason@nasonlaw.com · www.nasonlaw.com
Pierce, Pierce & Napolitano

Our many years of experience representing injured workers and their families make us a firm you can trust. If you or someone you know has been injured, please call us to assist you in all aspects of your claim.

27 Congress St # 301
Salem MA 01970
Telephone: 978-745-0914
www.ppnlaw.com

Segal Roitman, LLP

Segal Roitman, LLP is New England’s oldest and largest law firm exclusively representing labor unions and employees. We handle a range of labor and employment matters, including advising labor unions and assisting injured workers.

111 Devonshire Street, 5th Floor
Boston, MA 02109
www.segalroitman.com
T: (617) 742-0208
Languages Spoken: Spanish

SOBOSIK LAW

Workers Compensation
Social Security | Personal Injury

Sobosik Law represents injured workers throughout the Commonwealth. We serve injured and disabled people and advocate for workplace safety and the rights of all workers.

Sobosik Law representa a los trabajadores lesionados a través de todo el Estado. Servimos a las personas heridas y discapacitadas, y luchamos por la seguridad en el trabajo y los derechos de todos los trabajadores.

Sobosik Law representa os trabalhadores feridos através de toda a Comunidade. Servimos feridos e deficientes e defensor de segurança do trabalho e os direitos de todos os trabalhadores.

92 High Street, Suite DH30
Medford, MA 02155
Phone: 617-302-6450
www.sobosiklaw.com
Languages Spoken: Spanish, Portuguese
Chiropractor

Bromberg Chiropractic
Dr. Steve Bromberg
201 Broadway, Cambridge, MA 02139
617-494-1166
Hours: 8-1, 3-6pm M-Th. Tues 3-6, F 9-1
Languages: Spanish
Accepts Workers’ Comp?: Yes

Hands and Upper Extremities

Boston Sports & Shoulder Center
Dr. Andrew Jawa
840 Winter St #1, Waltham, MA 02451
(781) 890-2133
7-5pm M-F
Languages: English only
Accepts Workers’ Comp?: Yes

Dr. Hillel Skoff
1269 Beacon Street, Suite 2, Brookline, MA 02446
617-739-2518
Languages: English only
Accepts Workers’ Comp?: Yes

Knee, Foot, and Ankle

MGH Sports Medicine Center
Dr. George Theodore
175 Cambridge St. Boston, MA 02114
617-724-7009
Hours: M-F, 7-5pm
Interpretative services available
Accepts Workers’ Comp?: Yes
Occupational Medicine

Dept. of Occupational and Environmental Medicine
Boston Medical Center
John Burress, MD
850 Harrison Ave. 1st Fl., Boston, MA 02118
617-638-8400
Hours: M-F 7:30-4pm
Interpretative services available
Accepts Workers’ Comp?: Yes

Occupational Medicine Center
New England Baptist Hospital
Thomas H. Winters, MD,
125 Parker Hill Ave., Boston, MA 02120
617-754-5620
Hours: M-F 8-4:30pm
Interpretative services available
Accepts Workers’ Comp?: Yes

Orthopedic Surgeon

Dr. David Adelberg
300C Faunce Corner Rd., N. Dartmouth, MA 02747
508-998-6100
Languages: Portuguese
Accepts Workers’ Comp?: Yes

Lahey Clinic
Nurhan G. Kasparyan, MD
41 Mall Road, Burlington, MA 01803
781-744-3023
M-Sun 8-5pm
Interpretative services available
Accepts Workers’ Comp?: Yes

Pulmonary / Health Ailments

Pulmonary Associates, Mass. General Hospital
L. Christine Oliver, MD
55 Fruit St., Cox Building, 2nd Fl, Boston, MA 02114
617-726-1721
Hours: M-F 9-5pm
Languages: Interpretative services available
Accepts Workers’ Comp?: Yes

Pharmacy home delivery/pain management

Boston Pain Specialist, P.C.
Sasa Periskic, M.D.
50 Tremont St. Suite 103, Melrose, MA 02176
781-662-7246
Hours: Mon-Tues. 9:00-4pm
Accepts Workers’ Comp?: Yes

Summit Pharmacy
William Crane
2320 W. Peoria Ave Ste 1286, Phoenix, AZ 85029
978-595-7005
www.summitrx.com

Injured Workers Pharmacy MA
John Koulalis
PO Box 338, Methuen, MA 01844
Customer Care: 888-321-7945

Physical Therapy

Performance PT
99 Fourth St., Chelsea, MA 02150
617-889-2500
Hours: 7:30-7 M-Th, 8-5, Fri
Languages: Spanish, Italian, Chinese, Portuguese
Accepts Workers’ Comp?: Yes
Allied Physical Therapy & Rehabilitation

Allied Physical Therapy & Rehabilitation is an outpatient physical therapy group of clinics serving the Boston MetroWest region and Southeastern Massachusetts from our Framingham, Norwood, and Foxboro locations. At Allied Physical Therapy, we build a personalized treatment plan designed specifically for your needs and then take you through the process at a safe pace. We treat many types of injuries including knee, shoulder, hand, foot, back, and neck pain along with numerous other treatments. We also specialize in post surgical physical therapy, vestibular rehabilitation, TMJ, neuropathy, arthritis, and pelvic floor dysfunction. Our highly experienced physical therapists and staff partnered with our state of the art equipment allow us to provide top quality treatment to allow a fast and safe recovery. We accept all major health insurance plans along with workers compensation and auto insurance and we are staffed appropriately to allow you to be seen this week. Our staff also speaks Spanish, Portuguese, Portuguese-Creole, Italian, and Russian. Chiropractic care is also available in our facilities.

Contact us by calling one of our three locations or by requesting an appointment online at allied-physicaltherapy.com

935 Washington St. 132 Central St. 188 Concord St.
Norwood, MA 02062 Foxboro, MA 02035 Framingham, MA 01702
781-255-5999 508-543-3399 508-875-7627

Accepts Worker's Compensation
Occupational Heath Centers
Mt. Auburn Occupational Health Department
Reid Boswell, MD, MPH, Medical Director
725 Concord Ave, Suite 5100, Cambridge, MA 02138
617-354-0546
Hours: M-F, 8am-12pm and 1pm-4pm
Interpretative services available
Accepts Workers’ Comp?: Yes

Cambridge Health Alliance Occupational Health Program
Rose Goldman MD, MPH
5 Middlesex Avenue, Somerville, MA 02145
617-665-1580
Hours: Thursdays: 8:30-5pm
Interpretative services available
Accepts Workers’ Comp?: Yes

Occupational & Environmental Health Network
Thomas Winters, MD, FACOEM
5 Mount Royal Ave., Marlborough, MA 01752
508-251-7260
Hours: M-F 8:30-5pm
Interpretative services available with notice
Accepts Workers’ Comp?: Yes

Pediatric Environmental Health Center
Michael Shannon, MD, MPH
Children's Hospital, Fegan Building, 5th Fl., 300 Longwood Ave., Boston, MA 02115
617-355-8177
Hours: Monday 8:30-12pm
Interpretative services available
Accepts Workers’ Comp?: Yes

Occupational Health Center
Thomas Winters, MD, FACOEM
125 Parker Hill Ave., Boston, MA 02120
617-754-5620
Hours: M-F 8-4:30pm
English only
Accepts Workers’ Comp?: Yes

Working Well Clinic
Dr. Marie-Christine David
732 Harrison Ave., F-5, Boston, MA 02118
617-638-6800
Hours: M-F 7:30-4pm
Interpretative services available
Accepts Workers’ Comp?: Yes
Your Rights if You are Injured or Become Sick From Your Job

If you are injured or become sick from your job, you have a right to medical treatment and, in some cases, wage replacement benefits. Workers' Compensation is a type of insurance that all employers are required to provide to employees - no matter how many hours they work, whether they were paid in cash, or their immigration status. MassCOSH recommends taking the following steps:

1. **Report the injury to your employer.**
   Tell your employer right away, even if it does not seem serious at the time.

2. **Get medical treatment right away - see an occupational clinician, if possible.**
   You have the right to see the doctor of your own choosing, even if your employer requires you to see their own medical provider. Ask your doctor to use Workers' Compensation, not your regular medical insurance.

3. **Document the problem.**
   Document everything: Report the incident to your employer in writing and keep a copy.

4. **Seek an attorney, if the workers' compensation provider rejects your claim.**
   You do not have to get a lawyer to receive Workers' Compensation benefits. However, if you have trouble getting benefits, get a lawyer to help you. Workers do not pay attorneys' fees; the insurer does, if you win the case. You may only be charged for very specific expenses.

5. **Know your right to protection against discrimination and right to medical leave, if applicable.**
   It is against the law for your employer to fire or discriminate against you because you got hurt or filed a Workers' Comp claim.

6. **Address the unsafe conditions that caused your injury.**
   In order to avoid worsening your injury or re-injuring yourself - not to mention your co-workers - take steps to improve the health and safety of your workplace.
MassCOSH’s legal access efforts are made possible, in part, by our members and by the following:

- The Berger-Marks Foundation
- Bess Family Foundation
- The Boston Bar Foundation
- The Clowes Fund
- Community Works
- The Hyams Foundation
- The Herman and Frieda L. Miller Foundation
- Public Welfare Foundation
- Sirad Foundation